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Chris Comish's blog

Chris Comish is a Reiki Master and here to lift others up in Love and Light.

Thursday, September 11, 2025

Lightbody

During Ascension, the willingness of the personality to connect with Higher Self is seen by the Higher Self and Higher Self delivers purifying energy to the crown and feet. This energy activates the kundalini and it rises upward through the 7 chakras purifying the chakras and the bodies. The kundalini and 7 chakras are located in the etheric or prana body. This is awakening.

During this time the physical, etheric, emotional/astral and mental bodies are purified until transfiguration happens where the Higher Self merges with the personality. This is enlightenment.

This initiates the lightbody activation. This is when the Oversoul/Spirit becomes the new guide. And the personality becomes the Soul.

Lightbody activation happens as Soul purpose is fulfilled. Once the lightbody has developed enough for the Higher Self then transition to the full lightbody happens. This is resurrection, and the physical body is replaced with the lightbody.

The lightbody is the body of the Spiritual Kingdom. The astral body cannot go beyond astral realms. The mental body cannot transcend the Soul plane. The lightbody can transcend the Soul and goes Home to Spirit.

- September 11, 2025

3 comments:

Chris Comish September 11, 2025 at 4:17 PM

At the Seventh Initiation, the physical body begins to lose cohesion because the etheric web is dissolving, and the life focus is no longer anchored in the physical plane. This is not death by disease or karma — it is liberation from form, a final transfiguration into pure spiritual being.

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Chris Comish September 11, 2025 at 5:35 PM

In case anyone is wondering the light body is formed within the cocoon of the physical emotional and mental bodies and is birthed upon the resurrection. The lightbody is the butterfly or phoenix.

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Chris Comish September 11, 2025 at 5:38 PM

Stage 1 of lightbody birth is awakening, Stage 2 is enlightenment, Stage 3 is resurrection. 3 stages to correspond with 3 bodies of personality-Soul-Spirit. As above so below. As within so without.

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Chris Comish

Chris Comish is a Reiki Master and here to lift others up in Love and Light. Since his awakening in 2006, his wish is to share with the world to help it awaken. Chris is the founder of the City of Shamballa Social Network. Subscribe to his YouTube channel at Onenessandlove. Chris Comish is a Reiki Master and here to lift others up in Love and Light. Since his awakening in 2006, his wish is to share with the world to help it awaken. Chris is the founder of the City of Shamballa social network. Subscribe to his YouTube channel at Onenessandlove. Author of 28 Powerful Reiki Attunements, Book of Healing, Book of Wisdom, and multiple energy attunements and healing books.

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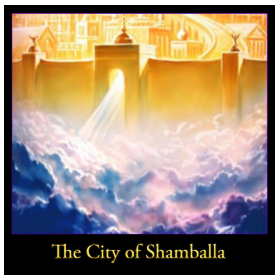

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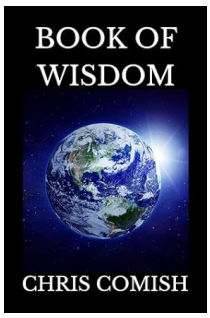

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Pictures of Heavenly (Astral) form - Soul- Oversoul (Higher Self)

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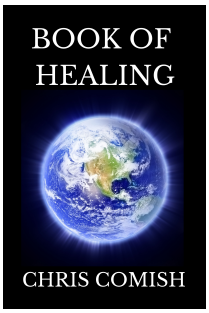

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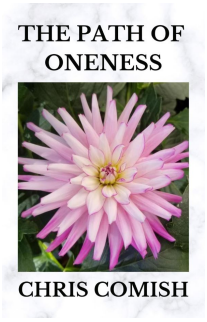

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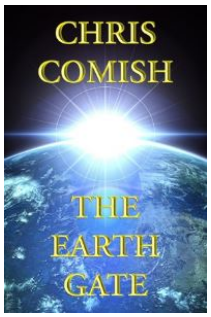

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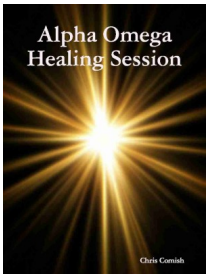

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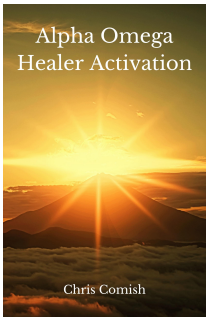

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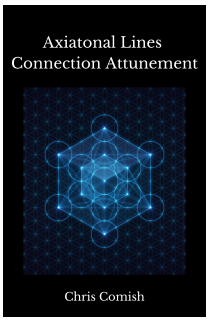

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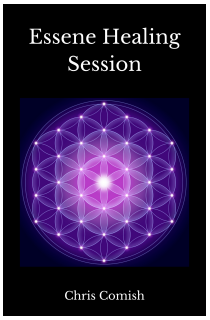

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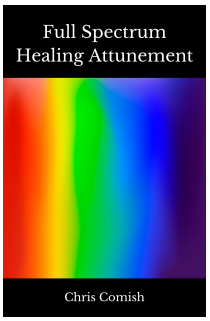

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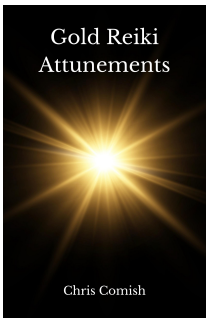

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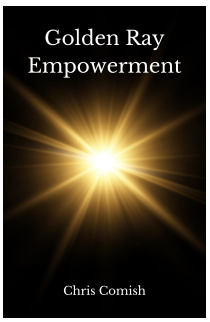

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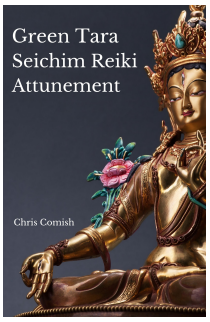

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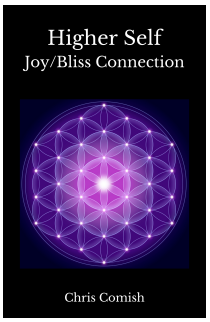

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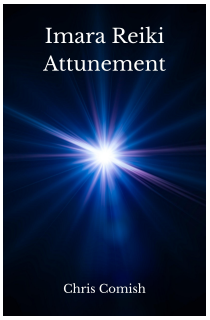

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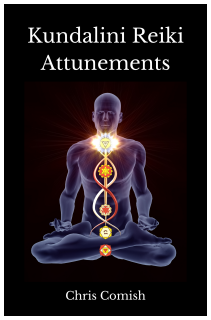

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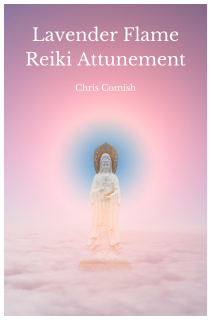

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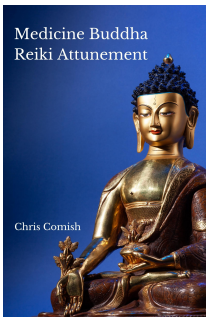

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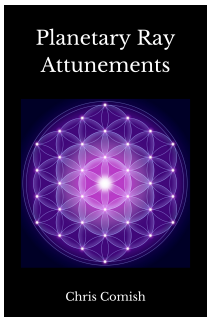

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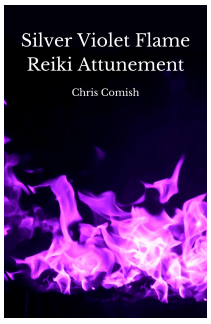

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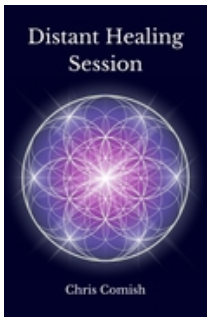

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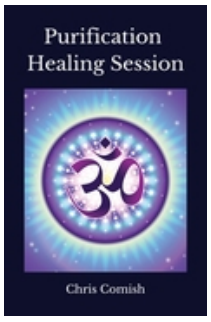

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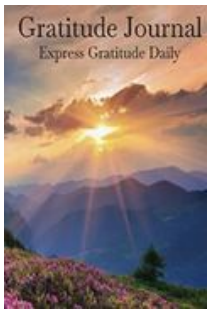

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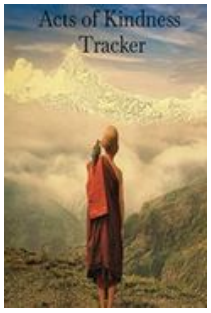

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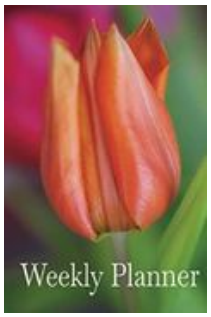

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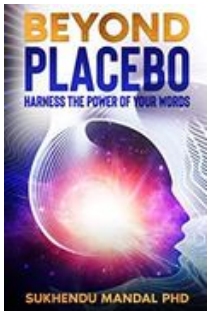

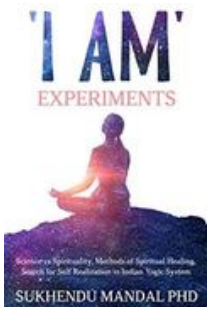

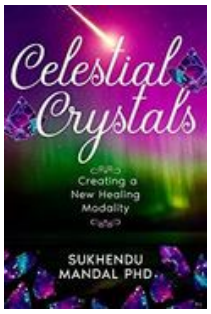

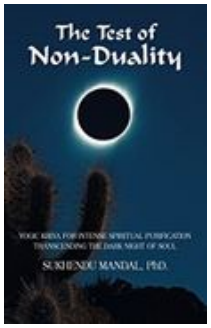

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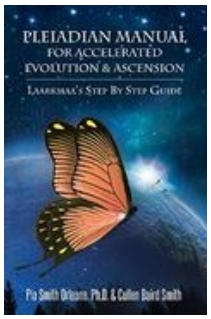

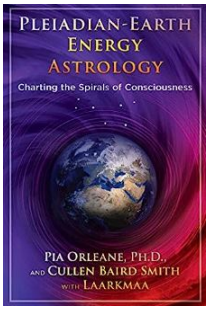
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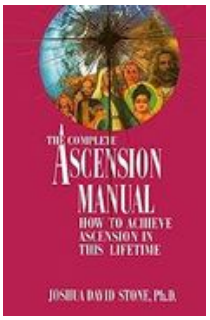
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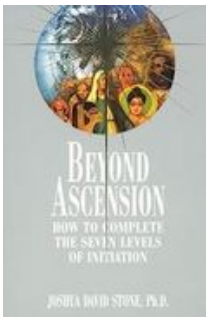
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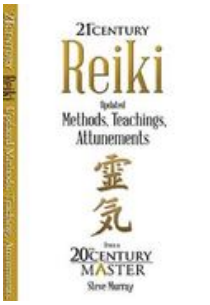
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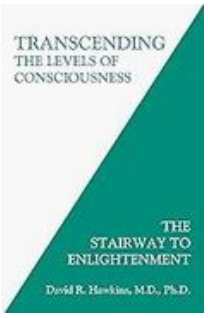
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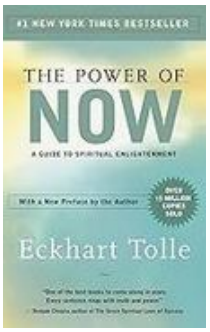
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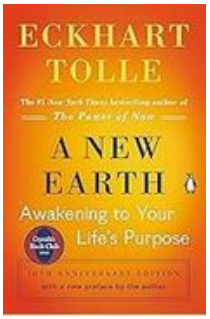
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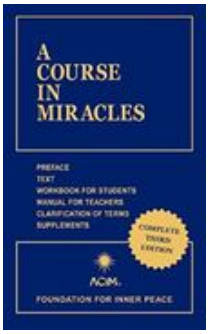
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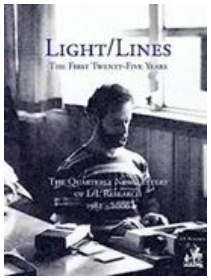
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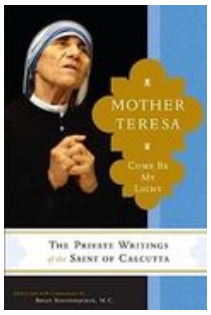
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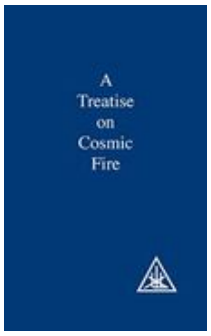
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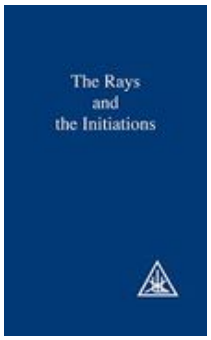
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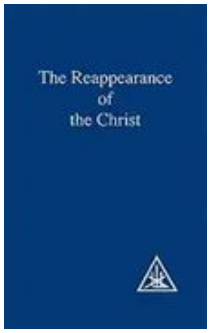
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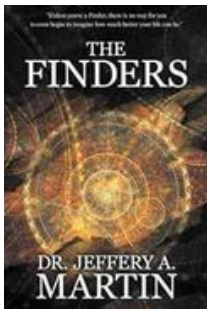
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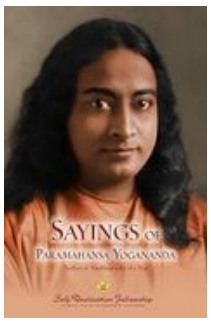
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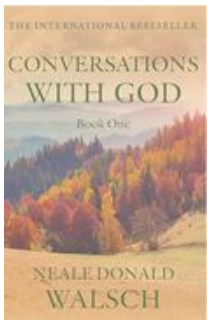
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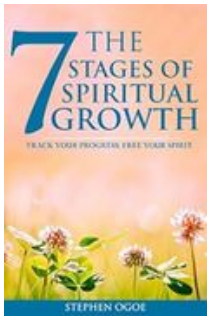
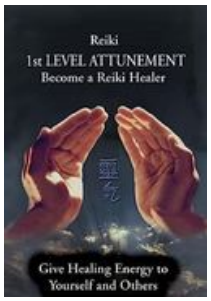
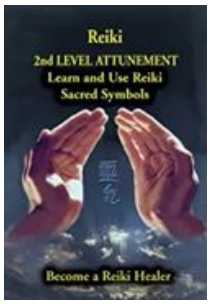
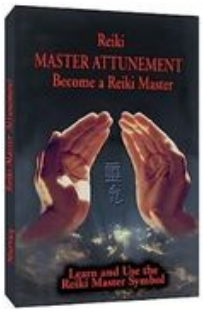
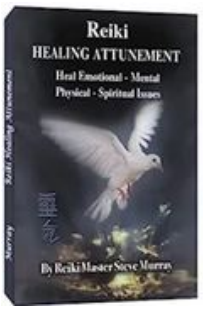


Recommended DVDs (These started Chris Comish's Reiki journey in 2006)









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- The Real Meaning Of Christmas - The Song Of Light Returning
- Solstice Transmission with Anrita Melchizedek
- Do Not Waste This Opportunity
- Meditation And The Inner Celebration of Christmas By Yogananda & The Self-Ralization Fellowship
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